

Orange County Family Mediation

www.OCFamilyMediation.com

Children's Rights During a Divorce:

- The Right to be treated as important human beings with unique feelings, ideas, and desires.
- The right to a continuing relationship with both parents.
- The right to express love and affection for each parent without having to stifle that love because of fear of disapproval by the other parent.
- The right to know that their parents' divorce is not their responsibility.
- The right to continuing care and guidance from both parents.
- The right to honest answers to questions about the changing family relationships.
- The right to know and appreciate what is good in each parent without one parent degrading the other.
- The right to have a relaxed secure relationship with both parents without being placed in a position of having to manipulate one for the other.
- The right to have each parent support the value of time with the other parent and avoid suggesting tempting alternatives to spending time with the other parent.
- The right to be able to spend regular and consistent time with each parent and the right to know the reason for a change of schedule.
- The right to receive help from a child therapist, if appropriate.